





# "...everyone in the care team recognises, supports and celebrates each person's individuality..."

Neem Tree is a modern, purpose built care centre, offering elderly nursing and dementia care. It is situated in Greenford, Middlesex, with easy access to the boroughs of Ealing, Brent, Harrow and Hounslow.

We are surrounded by the Litten Tree Nature Reserve which provides the home with a peaceful and tranquil setting. We believe that this interaction with nature benefits our residents in numerous ways. Our residents experience this interaction in the number of ways we demonstrate our care, for example, in the menus we provide, in the homeopathic remedies we offer and other holistic therapies we make available.

The home also has a patio and seating area which residents can enjoy in good weather. The sensory garden which meanders around the building also has specifically designed resting areas where residents can make the most of the beautiful surroundings.

#### Our home - your home

Neem Tree has been thoughtfully designed and tastefully decorated so as to meet the needs of our resident groups. All our rooms are single rooms with en-suite shower facilities. Each room is fully furnished and has a telephone point, a nurse call-bell and its own flat screen TV.

Although our rooms are very well equipped, we encourage residents to bring their own belongings so as to create that 'Home from Home' feel.

Each of our three floors has its own comfortable lounges and dining areas where residents can relax. They are also a place to socialise, watch television or entertain guests. In addition, we have a quiet lounge, media room and a hairdressing salon. For nursing clients we provide state of the art profiling beds and where required we can install ceiling hoists.

Keeping in touch with loved ones is extremely important and we encourage this interaction. Our home has an open door policy and welcomes visitors anytime.

### Daily activities

We place the utmost importance on the continuity of our residents' quality of life. We want our residents to have every opportunity to keep up with their hobbies and interests – and hopefully develop a few new ones along the way. Neem Tree has a varied and imaginative agenda of activities, carefully chosen by a dedicated Activities Co-ordinator. From shopping trips to painting classes, we've got something for everyone.



#### Meals

We believe mealtimes are the most important part of our day and good food is the greatest pleasure in life.

We pay special attention to ensuring that not only are our meals nutritionally balanced but are also delicious and that special dietary requirements are catered for.

Our expert catering team can meet a wide variety of therapeutic and cultural needs, for example:

 Allergies – residents with food intolerances will be on diets that are complementary to their needs

- Low weight residents who are losing weight or have lost weight may have their food fortified or high calorific / high protein diets to be implemented
- Dementia those with dementia may require finger foods or soft diets. We would also ensure that residents are assisted during meal times if required
- Diabetics require a varied healthy diet rich in fruit, vegetables and starchy carbohydrates but low in sugar and saturated fat
- Religious diets require that certain foods be omitted and ingredients be sourced and prepared in a specific way





## Services

- 24 hour nursing care
- Dementia care
- GP visits on a monthly basis or as required
- Visiting chiropodist, optician and dentist
- Specialist lifting and bathing equipment

- Two passenger lifts
- Nurse call system in all bedrooms
- Sensory garden surrounded by Litten Tree Nature Reserve
- Hairdressing salon
- Fully equipped media room
- Full activities programme arranged in-house



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